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Title: Sounds Emitted By Ear Help Self-Healing-A New Energy System

Topic: Sounds from the ear balance the Voice-Ear-Brain Connection, an important subtle energy system

One Sentence Description:

Forum discusses spontaneous otoacoustic emissions as biometric identifiers for wellness imbalances and as the missing link for a new subtle energy system between the voice, the ear and the brain

In 2004, I shared The Davis Addendum™ to The Tomatis Effect at the Acoustical Society of America. My research to that date, looked at the emission from the ear and connected it with the frequencies emitted by the voice. I found at least one main frequency “in stress” that was the same frequency emitted by both modalities. You know that your voice contains frequencies, but you may not have known that your ear not only hears sounds but emits sounds as well. Once I identified that the connection existed, I incorporated that existence into The Davis Model of Sound Intervention™. This model is based upon 3 tenets: 1) The first tenet says: That there is a connection between the voice, the ear, and the brain, established by 5 laws: 3 that say the voice produces what the ear hears and when the complementary frequencies are reintroduced to the ear, the voice regains coherence—known as The Tomatis Effect, and 2, which are my Davis Addendum, that say additionally that the ear emits the same stressed frequencies as the voice and when reintroduced to the ear, the voice regains coherence. 2) The second tenet says: That every cell in the body emits and receives sound which was ‘identified’ in 2004 by Dr. Gimzewski of UCLA. He called it ‘sonocytology’ or the study of the sound of cells. Of course, this concept had been understood for years before his ‘discovery’. 3) And the third tenet says: That the ear is not just a hearing mechanism but a sensory processor. That tenet is outside of today’s discussion.

For over 50 years, within the alternative education and wellness industries, there have discussions about the first 3 laws as foundational to supporting change with listening, development, emotional connections, well-being, response to sound in general and more. Books written about sound and sound therapy all include Dr. Tomatis as the founder of sound therapy. Numerous spin-off sound-based therapy programs have developed from his original work. The concept of using sound for wellness is gaining much greater acceptance today. There are tuning fork programs, crystal bowl usage, CD’s produced to make change, generic sound-based programs, and much more. However, so far most of the programs have not been used for specific or total body cellular responsive, which is what my Davis Model of Sound Intervention does. It starts with a diagnostic evaluation to determine if any of the numerous sound-based therapies should be considered, and if so, in what order for maximum results. I’m not going to go into that in more detail at this venue.

The final 2 laws within the Voice-Ear-Brain Connection are the completion pieces for taking the use of sound received and expressed by our body to our full, total body enhancement. These additional pieces

must also now be included whenever talking about the impact of sound on the body. Collectively, I am introducing these 5 laws as the foundation for an unidentified subtle energy system called The Voice-Ear-Brain Connection. This previously unknown subtle energy system supports an understanding of how the cellular resonating energy of the body works together within the physical body and outwardly towards the body's external resonating energy.

The voice as identified within the 5 laws had previously been the key to understanding each individual. The voice does reflect the current imbalances and these imbalances can be identified through vocal analysis or by listening to the person's voice. And while that still is an important process, now I can also say that the voice is the key to reintroducing the needed out of balance sound back to the body to balance the person's energetic functioning, which includes their physical and emotional wellness. The concept of toning has been used to help one feel better or support personal wellness for hundreds of years. The concept is utilized in yoga, meditation, sounding circles and more. But now there is a more specific and defined sound that supports 'feeling better'. Instead of using a universal sound such as 'om', we can determine the specific frequency that the body says it wants. The individual then tones this specific sound so that the body can use it. This is called Ototoning™.

With today's discussion I am introducing yet another way to identify what the body wants and needs at that moment in time to 'self-heal'. The voice is not the only identifying source, but the voice remains the way to change the body. The emissions from the ear should now also be considered. There remain many unknowns with spontaneous otoacoustic emissions, i.e., where do they come from, how are they made, and why do we have them? I suggest that the answer to the last question, why do we have them?, is for the purpose of identifying our major issues of imbalance as related to the cellular energy of the body. I feel they are bio-identifiers—identifying the most significantly 'out-of-balance' cellular resonance within the person's body at that moment in time.

My device, called The Ototoner, will soon be available to identify the most important unbalanced oto-emission, providing the sound that the person ototones back to their body for self-healing. The process can be quite powerful. I discuss a few personal instances in my next book *The Cycle of Sound: Exploring the Voice-Ear-Brain Connection* and hope to conduct additional trials once the device is readily available.

Ototoning supports a way for our resonating cells to form more coherent energy fields within our body for stability. This coherency supports stability because the feedback loop between the voice, the ear, and the brain is more balanced.

The Voice-Ear-Brain Connection is a subtle energy system that must remain coherent or balanced for us to maintain our health and wellness so that we can think, learn, and develop to our full potential. Within this system, the emissions from the ear provide the answer to what the body specifically wants to self-heal at that moment in time. Then the person vocalizes, through a technique called Ototoning, this specific sound for the body to entrain the cellular frequencies towards a more coherent system. A new paradigm to support general wellness, with the use of sound as identified from the body and restabilized within the body with a vocal sounding technique, takes a giant step forward towards promoting the concept of self-healing.

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